

2010 Twister Lauf 5K Run

At Oldenburg Freudenfest, Oldenburg, Indiana Saturday, July 17 6:30 pm

Entry Fees: \$12 pre-registration* (with T-shirt) \$15 day of race (with T-shirt)

\$9 pre-registration* (no T-shirt) \$12 day of race (no T-shirt)

*pre-registration must be received by July 16.

Awards: Run: Beer Stein to overall male and female winner. Medals to top three individuals in each male and female age group: 12 and under, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60 -64, 65-69, 70 and over.

Walk: Medal to top finisher in each male and female age group: 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

5K Run and Walk starts at 6:30 pm.

Kids 1k Lauf fun run 5:45 pm
Ages 10 and under

Course: Start at Oldenburg Academy, finish at Munchel park . New course is mostly flat.

Rain or shine. Awards will be presented as soon as possible after all participants have finished.

Mail form and entry fee to: Merle Hines 1046 South Park Acres Batesville IN 47006 REF: Twister Lauf Run Make checks payable to: Twister Lauf Run

For more information email: nolimits@etczone.com RE: Twister Lauf Run or call (812) 934-6220. Freudenfest website www.freudenfest.com.

Proceeds will benefit area runners and the Holly Bruns Scholarship.

5K - Entry Form

_____ T-shirt: S M L XL (circle one)
Name
 _____ **Run Walk (circle one)**
Address
 _____ **Male Female (circle one)**
City State Zip
 _____ **age on race day**
Phone email

RELEASE (must be signed in order to participate): In consideration of the acceptance of my entry, my executors, assignees, and administrators do hereby release and discharge Oldenburg Academy, Sisters of St. Francis, the Oldenburg Freudenfest Committee, Town of Oldenburg, race director, other race volunteers, and other sponsors for all claims of damage, demand, actions, whatever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to run in this event. I also give permission to Oldenburg Academy and Oldenburg Freudenfest Committee to use any photographs, video or other recordings of me, including my name, that are made during the course of this event for publicity reasons.

Signature _____ Date _____

Signature _____ Date _____

Parent/Guardian-signature if under age 18

*******DO NOT WRITE BELOW THIS LINE*******

Race Number	Payment	Age Category	Gender